



# Cataract Surgery

## with a Premium Intraocular Lens (IOL)

Cataract surgery with a premium IOL lens uses the same proven and time-tested medical procedure as standard cataract surgery, which is performed on more than 38,000 Northern California Kaiser Permanente members each year. Standard cataract surgery removes the clouded natural lens and replaces it with a clear standard IOL. This requires prescription glasses and bifocals in many cases. Cataract surgery with a premium IOL can remove the cataract and also reduce the need for glasses. Premium lens options include:

- Multi-focus lens: These lenses come in a variety of models, which help you see far and closer with reduced dependence on glasses.
- Toric lens: A Toric lens improves astigmatism typically resulting in good vision without glasses at the targeted working distance. Glasses may still be necessary for sharpest vision at some distances.

### What is an intraocular lens?

An IOL is a lens made of advanced technology optical material that can be permanently implanted in the eye. Standard cataract surgery removes the cataract and uses a single-focus IOL to focus the light and allow a patient to see at one given distance. For our cataract surgery with a premium IOL, we offer a variety of multi-focus and Toric lenses. Your refractive cataract surgeon will recommend the lens that best fits your individual needs.

### What are the benefits?

- Improved near and/or arm's length vision in addition to far vision with reduced dependence on glasses.
- Freedom from glasses and contacts in some cases
- Treatment of an existing cataract
- Improving astigmatism

### Who is a good candidate?

Cataract surgery with a premium IOL can treat nearsightedness, farsightedness, presbyopia, astigmatism, and cataracts. To be a good candidate you should meet the following criteria:

- Have a cataract
- Have no pre-existing ocular pathology
- Be willing to accept optical compromises such as halos, reading distance, and adaptation time



## Your cataract surgery options

For more information, talk to your eye care professional.

Implant Type	STANDARD SINGLE - FOCUS	TORIC ASTIGMATISM-REDUCING	SPECIALTY MULTI-FOCUS
<b>Procedure</b>	Remove cataract, insert standard implant	Remove cataract, insert Toric implant	Remove cataract, insert multi-focus implant
<b>What the Implant Does</b>	Corrects cataract and a large part of your glasses prescription	Corrects cataract and improves astigmatism	Corrects cataract and helps improve vision at multiple working distances: far plus arm's length and/or near
<b>Patient Type</b>	All cataract patients	Cataract patients with astigmatism	Some cataract patients
<b>Eyeglasses</b>	Glasses may be needed to enhance treated working distance  Glasses will be needed for working distance not addressed	Spectacle-free vision will be superior than with standard implant, also glasses will be needed for working distance not addressed	Greater independence from glasses  Glasses may be needed to fine tune vision for certain activities
<b>Covered (for Kaiser Permanente Members)</b>	Cataract surgery and standard implant	Cataract surgery	Cataract surgery
<b>Additional Fees</b>	None	Cost of implant  Refractive counseling, comprehensive testing  Possible fee for laser vision correction enhancement	Cost of implant  Refractive counseling, comprehensive testing  Possible fee for laser vision correction enhancement

## Will I have to stay in the hospital?

Cataract surgery with a premium IOL is an outpatient procedure, and you will not have a hospital stay. After surgery you'll spend a brief period in the recovery area before going home with a friend or family member.

## Can the procedure treat presbyopia?

Yes. Presbyopia occurs in most individuals around the ages of 40 to 50 years. This condition develops because the natural lens inside the eye loses its ability to change shape in order to focus on near objects. This is a natural change that occurs in healthy people in middle age and beyond. Without surgery, people compensate for presbyopia by using bifocals and reading glasses. Some premium IOLs can provide a wider range of vision so that you can see for most of your activities without eyeglasses.

## What does the fee cover?

The fee for cataract surgery with a premium IOL lens includes the premium IOL and a consultation with a refractive cataract surgeon.

Some Kaiser Permanente members have coverage for basic cataract surgery. However, Toric and multi-focus lenses are not covered under your Health Plan benefits. The fees for a Toric or multi-focus lens are in addition to copays for basic cataract surgery or pre- and post-operative care.



## What are my payment options?

Cataract surgery with a premium IOL is a fee-for-service procedure and is not covered under Health Plan benefits. You can pay for your procedure with cash, money order, or credit card. Check with your local Kaiser Permanente vision correction location for details and additional payment options.

## Ready to take the next step?

To learn more about this service, please call the Kaiser Permanente vision correction location nearest you to schedule a consultation or to talk to one of our patient care coordinators about your specific needs or concerns. You can also visit us online at [kplaservisioncorrection.com](http://kplaservisioncorrection.com).

## Kaiser Permanente vision correction services are available at the following locations:

Daly City	<b>650-301-5800</b>
Fremont	<b>510-248-3030</b>
Fresno	<b>559-448-5399</b>
Milpitas	<b>408-945-6977</b>
Napa/Solano	<b>707-651-2970</b>
Oakland	<b>510-752-1235</b>
Redwood City	<b>650-299-2345</b>
Sacramento/Roseville	<b>916-614-4350</b>
San Francisco	<b>415-833-2763</b>
San Jose	<b>408-972-6570</b>
San Rafael	<b>415-444-2990</b>
Santa Clara	<b>408-851-4030</b>
Santa Rosa	<b>707-566-5905</b>
Stockton	<b>209-476-5241</b>
Walnut Creek/Park Shadelands	<b>925-906-2550</b>



Kaiser Permanente members typically have coverage for medically necessary eye examinations, which are generally conducted at Kaiser Permanente facilities. Otherwise, the services described here are provided on a fee-for-service basis, separate from and not covered under your health plan benefits, and you are financially responsible to pay for them. Clinical services are provided by providers or contractors of The Permanente Medical Group, Inc. Results of services vary among patients and cannot be guaranteed. Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals may receive compensation for providing facilities and/or other support in connection with these services. For specific information about your health plan benefits, please see your *Evidence of Coverage*. Photos of models shown, not actual patients.

Business Development Group, October 2019