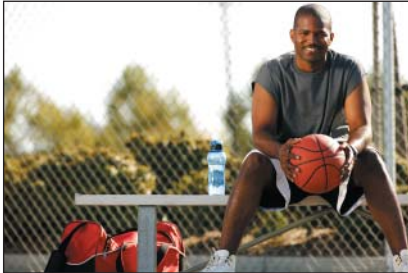


Save Your  
Vision  
Month

# Eye Health in Northern California

## Considering LASIK?

Choose Experienced Surgeons Who Provide Comprehensive,  
Customized Care at Kaiser Permanente



Every day, individuals who have never had to choose a surgeon before are selecting a refractive surgery practice to care for one of their most precious senses – sight. Kaiser Permanente's long history of service to Northern California, its experienced staff of refractive surgeons and use of advanced technology make it the practice of choice for educated consumers who will settle for nothing but high caliber care.

Kaiser Permanente surgeons have been providing members of the nonprofit health plan and non-members alike with refractive surgeries for a decade. Committed to staying on the very leading edge of LASIK technology, the practice continually makes investments in proven technology to deliver high-quality and safe care, so patients achieve satisfying long-term results. For example, pre-surgical screening can include corneal evaluation with the Pentacam, the next generation in technology that measures the back surface of the cornea, as well as the front corneal surface. Surgery can be performed with wavefront technology that produces a detailed map of the eye, much like a fingerprint, to deliver a customized laser vision treatment. In addition, IntraLase, femtosecond laser technology, can be offered to create the flap, in the first step of the LASIK procedure.

Kaiser Permanente offers a wide range of advanced refractive technology in addition to LASIK. Despite proven results, LASIK may not be appropriate for every patient. For these individuals, Kaiser Permanente also offers Intraocular Lens Implantation (IOL), with or without natural lens removal. IOL placement is a procedure that involves inserting a permanent lens in the eye to correct refractive error. Kaiser Permanente's refractive surgeons offer three variations of this procedure: cataract extraction with multi-focal IOL (a lens that corrects distance and near vision, thus reducing or eliminating the patient's dependence on glasses) for individuals with cataracts, refractive lens exchange for individuals



with clear natural lenses who are not good candidates for LASIK, and phakic IOL implantation without removal of the clear natural lens, to treat individuals with a high degree of nearsightedness.

All Kaiser Permanente refractive surgeons who perform LASIK and IOL implantation are board-certified ophthalmologists. They have diverse backgrounds, ranging from cornea fellowship training, refractive surgery fellowship training, and clinical teaching appointments at some of the nation's top academic institutions including the University of California, San Francisco and Stanford University.

"Kaiser Permanente attracts specialists who believe that nothing should come between patients and the most promising treatments. This organization is structured to allow me the freedom to do what is best for my patients. Each individual's treatment is tailored to suit his or her total eye health and lifestyle considerations," says Naveen Chandra, M.D. with The Permanente Medical Group, a multi-specialty group practice that has provided care for Northern California Kaiser Permanente members for over 60 years.

Patients notice the difference at the first visit when they meet with their surgeon...not with a sales person. Patients receive customized and comprehensive care at each visit, preoperatively and



postoperatively, during thorough follow-up care.

*Kaiser Permanente serves the entire Northern California region in nine offices from Santa Rosa to Sacramento to Santa Clara. For more information about Kaiser Permanente Vision Correction Services or to find a location near you, please visit us online at: [www.kplaservisioncorrection.com](http://www.kplaservisioncorrection.com) or call 1-877-582-5748.*

## LASER VISION CORRECTION

 KAISER PERMANENTE® thrive

Kaiser Permanente members typically have coverage for medically necessary eye examinations, which are generally conducted at Kaiser Permanente facilities. Otherwise, services described here are provided on a fee-for-service basis. These services are separate from your Health Plan benefits and are not provided or covered by Kaiser Foundation Health Plan, Inc. Clinical services are provided by providers or contractors of the Permanente Medical Groups. Results of services vary among patients and cannot be guaranteed. The Permanente Medical Groups, Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals have a financial interest in the provision of these services. For specific information about your Health Plan benefits, please see your *Evidence of Coverage*. Photos are of models, not actual patients.